

Roasted Brussels Sprouts

Ingredients

1 lb. brussels sprouts, trimmed and sliced in half
2 tbsp olive oil
1 small onion, diced
2 cloves garlic, minced
3 slices of bacon, chopped
Salt and pepper to taste

Equipment

Big Green Egg Deep Cast Iron Skillet

Method

Set the EGG for direct cooking without the convEGGtor at 400°F/204°C with the cast iron skillet in the EGG to preheat.

Combine the brussels sprouts, olive oil, onion, garlic, bacon, salt and pepper. Pour the mixture into the cast iron. Cook for approximately 20 minutes or until desired tenderness. Remove from the EGG and enjoy!

Big Green Egg
The Ultimate Cooking Experience®

